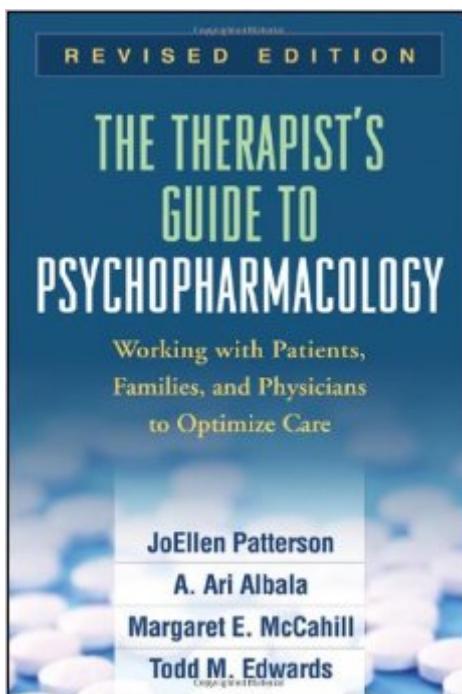


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# The Therapist's Guide To Psychopharmacology, Revised Edition: Working With Patients, Families, And Physicians To Optimize Care



## **Synopsis**

This indispensable book provides therapists and counselors with crucial knowledge about psychotropic medications: when and how to make medication referrals, how to answer patients' questions and help them handle problems that arise, and how to combine medication and psychotherapy effectively. Ideal for readers without extensive background in neurobiology, the book clearly explains how medications work in the brain and how they affect an individual's emotions, behavior, and relationships. Strategies for collaborating successfully with patients, their family members, and prescribers are discussed in detail. In this edition, psychopharmacology content has been fully updated.

## **Book Information**

Paperback: 310 pages

Publisher: The Guilford Press; 2nd Revised ed. edition (December 23, 2009)

Language: English

ISBN-10: 1606237004

ISBN-13: 978-1606237007

Product Dimensions: 5.9 x 0.9 x 8.8 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ  See all reviewsÂ  (12 customer reviews)

Best Sellers Rank: #367,370 in Books (See Top 100 in Books) #99 inÂ  Books > Medical Books > Psychology > Psychopharmacology #103 inÂ  Books > Health, Fitness & Dieting > Psychology & Counseling > Psychopharmacology #158 inÂ  Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Psychiatric

## **Customer Reviews**

Bought this for a course in my MSW program. I enjoyed the class and we really used the book from front to back. This book has a lot of useful information if you are looking to start running groups or working with clients in your practicum. I plan on keeping this text and not selling it back because of all the information that you can gain from this book. I'm glad that I took the course because of this book!.

I bought this book for my uncle overseas because I had to buy this book for graduate school and it was so informational in such a small book. I would love to own one myself. I love to read these type of books. I have learned so much and I have the information in the book at my everyday job working

with students with disabilities.

I've used this text as part of required reading for a graduate level advanced assessment counseling course. Good info most graduate counseling programs forget to include. Well written and easily read!

The Therapist's Guide to Psychopharmacology is a wonderful textbook. Dr A. Ari Albala does an excellent job at covering all of the various psychotropic medications in great detail. He carefully explains the mechanisms of action, safety, and side effects of the different psychiatric drugs. This book is a wonderful tool for every psychiatrist. I give it a 5 Star excellent rating. By Gregg L. Friedman MD, Psychiatrist, Hallandale Beach, FL

I am currently acquiring my masters degree in Marriage and Family therapy and find this book to be very informative. From the position of a novice, who understands the importance of being informed of the effects of psychopharmacology so that we can thus inform our clients, this book is the best start! This book is a fantastic guide for non-MD therapist to gather information on medication and collaborative care to share with patients. Great read!

Easy to read, comprehensive, from a clinical perspective useful to all non-prescribing psychotherapists. Excellent textbook for the required course in psychopharmacology for marriage and family therapists and professional clinical counselors. Excellent adjunct text for psychology students.

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